

BBQ Roster

This Week – U11 Threshers

Next Week -U10 Tiger Sharks

Did You Know?

Fathers Function tickets are on sale. Get a ticket and support the club.

Our Sponsors



















RIVERSIDE NEWS



Club Notice Board

Movement Improvement – Physio information session "Building a Rugby Body" for parents/coaches this week. See attached flyer.

Lost Property – Lost something during the season...you are not alone. Come and rummage through the lost property box. Anything left at the end of the season will go to charity.

Ball Kids Wanted – For QRU Senior Finals, 6-8 kids per time slot. Saturdays (3/8-17/8) 8.30-12.30, 12.30-4.30, Sundays (4/8-18/8) 9.00-2.00, 2.00-7.00 (earlier for week 2 and 3 of finals). Contact Mark.Melrose@redsrugby.com.au

Trophy Nominations – Coaches please send in your nominations for Players Player (all teams), Best Back (U10s up) and Best Forward (U10s up). **Nominations due 19**th **August.**

Riverside Shield Nominations - This award is presented on Trophy Night to a junior member who has:

- contributed to the development of the club off and on the field;
- provided support and assistance to new players to the club; and
- exemplified #theriversideway values and club culture not only through their own team, but other members of the club.

Nominations are to be sent to the club email (<u>riversiderugby.bulimba@gmail.com</u>) by **19**th **August** and should provide examples of where the player has demonstrated their commitment to the club and other players. Nominations should be from a non parent or carer.

Team Photo Night – Dates below. Time slots next page.

Sponsors – Sponsorship packages now available for the 2020 season. Contact the club via email or talk to a committee member if you are interested in supporting junior rugby.

Player Caps and Bags – All players this year receive a Riverside cap and bag. If your child hasn't collected theirs please see Lindie on Friday night. We also have these items for sale.

Hoodies – Club hoodies arrived over the break. Please see Lindie to collect. We ordered a few extras in each size for those who didn't pre order.

Training Nights – Unless you are a coach or assistant coach please stay off and keep siblings not training off the fields during training. Also, with an increase in the numbers of younger members some of whom are not comfortable around dogs, can you leave your dogs at home on a Friday. Your assistance is appreciated.

Upcoming Events/Save the Date

- August 2 Movement Improvement Physio Information Session "Building a Rugby Body" parents 6.30pm, coaches 7pm in the hall.
- August 9 Photo Night Sharkies, U7, U8, U9, U10, U11. Players to come in playing jersey, socks and shorts.
- **August 16** Photo Night U12 & U15. Players to come in playing jersey, socks and shorts.
- **August 17** Fathers Function Bledisloe 2, 5pm Start KO 5.35pm @ the club. Tickets \$50 covers food and drinks.

September 13 Trophy Night @ the club









Courses

The <u>2019 BJRU Competition Rules</u> outline the accreditation requirements of all volunteers. Any cost incurred will be refunded by the club

Smart Rugby – Online via Rugby Force Portal

Coaching Kids Rugby U8-U12 - Register online via <u>Rugby Force Portal</u> **Foundation Coaching Course** – Register online via <u>Rugby Force Portal</u>

Level 1 Coaching – Register and complete online via Rugby Force Portal

Field Marshall - Online via Rugby Force Portal

Draw

The Draw is attached and available on the Rugby Xplorer App. To find the draw follow your team and go to fixtures. Instructions below.

To follow and get a draw, in the Xplorer App

Tap the **Teams** option at the bottom,

Tap **ADD A TEAM** on top

Tap **COMMUNITY TEAM**

In the search bar directly below type the **age group and club** eg U10 Riverside; it will show all the U10 teams.

Tap the + beside the team to add the team

Scroll down the screen and tap Save Changes

RIVERSIDE DRAW	: 03 - 04 AI	JGUST 2019				
Date	Time	Age	Round	Home Team	Away Team	Venue
SATURDAY						
03 Aug 2019	9:10 AM	2019 BJRU U7	12	U7 Sunnybank Black	U7 Riverside Barracudas	Sunnybank Rugby Club, Biggs Field, 470 McCullough Street, Sunnybank, 4109 QLD
03 Aug 2019	9:10 AM	2019 BJRU U7	12	U7 Easts Green	U7 Riverside Reef Sharks	Easts Rugby Union Club, Halifax Street, Coorparoo, 4170 QLD
03 Aug 2019	9:10 AM	2019 BJRU U7	12	U7 Riverside White Fins	U7 Riverside Stingrays	Riverside Rugby Club, Bulimba St, Bulimba, 4171 QLD
03 Aug 2019	9:30 AM	2019 BJRU U7	12	U7 Riverside Bull Sharks	U7 Riverside White Fins	Riverside Rugby Club, Bulimba St, Bulimba, 4171 QLD
03 Aug 2019	9:50 AM	2019 BJRU U7	12	U7 Riverside Bull Sharks	U7 Riverside Stingrays	Riverside Rugby Club, Bulimba St, Bulimba, 4171 QLD
03 Aug 2019	10:00 AM	2019 BJRU U8	12	U8 Sunnybank Black	U8 Riverside Barracudas	Sunnybank Rugby Club, Biggs Field, 470 McCullough Street, Sunnybank, 4109 QLD
03 Aug 2019	10:00 AM	2019 BJRU U8	12	U8 Sunnybank White	U8 Riverside Reef Sharks	Sunnybank Rugby Club, Biggs Field, 470 McCullough Street, Sunnybank, 4109 QLD
03 Aug 2019	10:50 AM	2019 BJRU U9	12	U9 Sunnybank Black	U9 Riverside Barracudas	Sunnybank Rugby Club, Biggs Field, 470 McCullough Street, Sunnybank, 4109 QLD
03 Aug 2019	10:00 AM	2019 BJRU U9	12	U9 Easts Green	U9 Riverside Reef Sharks	Easts Rugby Union Club, Halifax Street, Coorparoo, 4170 QLD
SUNDAY						
04 Aug 2019	10:20 AM	2019 BJRU U10	9	U10 Logan	U10 Riverside Tiger Sharks	Logan Saints Rugby Union, The Cathedral, 200 Queens Road, Stacks Creek, 4127 QLD
04 Aug 2019		2019 BJRU U11	9	U11 Riverside Threshers	BYE	
04 Aug 2019	8:30 AM	2019 BJRU U12	9	U12 Sunnybank Black	U12 Riverside Hammerheads	Sunnybank Rugby Club, Biggs Field, 470 McCullough Street, Sunnybank, 4109 QLD
04 Aug 2019	11:20 AM	2019 BJRU U15	8	U15 BRO Navy	U15 Riverside Great Whites	Brothers Rugby Club - Crosby Park, 103 Crosby Rd, Albion, 4010 QLD
** Check your gan	ne times - th	ere were changes				

PHOTO SCHEDULE 09 AUGUST 2019						
Time	Team					
5:15 PM	Sharkies Group 1					
5:30 PM	Sharkies Group 2					
5:45 PM	u7 Barracudas					
5:55 PM	u7 Reef Sharks					
6:05 PM	u7 Stingrays					
6:15 PM	u7 Bull Sharks					
6:25 PM	u7 White Fins					
6:35 PM	u8 Barracudas					
6:45 PM	u8 Reef Sharks					
6:55 PM	u9 Barracudas					
7:05 PM	u9 Reef Sharks					
7:15 PM	u10s					
7:30 PM	u11s					
PHOTO SCHEDULE 16 AUGUST 2019						
6:00 PM	u15s					
6:15 PM	u12s					

BUILDING A RUGBY BODY

COME JOIN US FRIDAY 2ND AUGUST FOR A PRESENTATION BY OUR
CLUB PHYSIOS



6:30PM PLAYERS AND PARENTS PRESENTAITON

7:00PM COACHES PRESENTATION

LEARN HOW YOU CAN IMPROVE YOUR CHILD'S BODY & YOUR TEAMS
PERFORMANCE IN THIS 30min PRESENTAITON







RIVERSIDE ANNUAL FATHERS FUNCTION









ON THE BIG SCREEN FROM 5PM (KO 5.30PM)
\$50 COVERS FOOD AND DRINKS
COME AND SHOW YOUR SUPPORT FOR LOCAL JUNIOR RUGBY
TICKETS FROM THE CLUB OR EFT
EMAIL riversiderugby.bulimba@gmail.com